

**BOXING**  
**AUSTRALIA**  
AUSTRALIAN CAPITAL TERRITORY



[www.boxingact.org.au](http://www.boxingact.org.au)



# Getting in to boxing.



## 1. Join a club

Visit [www.boxingact.org.au/gyms](http://www.boxingact.org.au/gyms) to find an affiliated gym. Affiliated gyms have accredited coaches that can prepare you to compete in Olympic-style boxing events sanctioned by Boxing Australia.

Speak to the coach to confirm equipment requirements, training schedules and your boxing goals, then get training!

Training equipment is available via Boxing ACT's online shop [www.boxingact.org.au/shop](http://www.boxingact.org.au/shop)

## 2. Join Boxing ACT

Register for membership online with Boxing ACT at [www.boxingact.org.au/registration](http://www.boxingact.org.au/registration) to participate in events such as development camps and inter-club sparring days to prepare you for competition.

Upgrade to a competition membership when you are ready to compete in order to receive your record book and get instructions for completing your medical and blood tests. Memberships need to be renewed annually and expire at the end of each calendar year.

## 3. Nominate for a bout

Talk to your coach to find out if you're ready to compete and have all the required gear. Once ready, check the events pages on Boxing Australia's Member Association webpages to find upcoming events (e.g. [www.boxingact.org.au/events](http://www.boxingact.org.au/events)) and nominate online.

The event matchmaker will find an opponent with equivalent age, weight and experience and confirm match details with your coach.

Boxing ACT members nominating for interstate events will need to request clearance online via the Boxing ACT events page.

