

Hepatitis B vaccinations

ACT Boxing strongly recommends that all boxers, coaches and officials have a vaccination to protect them from Hepatitis B, which is a blood-borne virus.

Blood-borne diseases

Coaches should remember that they are entitled to wear latex gloves when working a corner. These gloves are always available alongside the doctor at ringside. Referees always wear latex gloves when officiating.

All gloves and head-guards issued by gloving stewards at ACT tournaments are cleaned after each bout with a bleach-based solution to kill Hepatitis and HIV viruses.

Judges and other officials must not have any exposed items of food or drink at ringside, as there is a risk of a droplet of blood finding its way from the ring into the food or drink. Water or soft drinks being used ringside must be in a container with a closed lid, such as a screw-top bottle.

Meningococcal disease

Not sharing water bottles, towels, equipment and clothing is a common-sense precaution for meningococcal and other infectious diseases.